



*Un milieu en héritage*

*Our Heritage, Our Home*

**FOR IMMEDIATE RELEASE**

Marche /Cours pour le Haut

May 9, 2024 - This Saturday, May 11, the municipality will host The Marche /Cours pour le Haut (Walk/Run for the Haut) event. This family event has two objectives. The first is the promotion of physical activity. The second is fundraising to encourage the practice of sporting, physical and cultural activities by helping families in the MRC who need financial support to pay the registration fees for their children in these activities. Proceeds from the event go towards the Marche/Cours pour le Haut fund.

The event offers different circuits: 1 km for families, 3 km for seniors, 5 km and 10 km. Participants can walk or run on the circuit of their choice as they wish. On site, the event offers various activities for children such as inflatable games, face painting, a craft kiosk for Mother's Day and a smoothie bike.

For the event **we ask dog owners to ensure that their pet is tied up** since many participants will be circulating on the streets and on the paths of the different routes.

If you cannot participate, we invite you to go out along the circuits to encourage the runners and walkers.

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**Municipalité de Bury**

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